

## Resistant Hypertension Practical Case Studies In Hypertension Management

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[Resistant Hypertension \(Practical Case Studies in ...](#)

This clinical case describes a patient with true resistant hypertension, a condition in which cardiovascular risk is high. Treatment of true resistant hypertension is a difficult task for the...

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Studies indicate that a significant white-coat effect (when clinic blood pressures are persistently elevated while out-of-office values are normal or significantly lower) is as common in patients with resistant hypertension as in the more general hypertensive population, with a prevalence in the range of 20% to 30%. 17,18 Also, as with more general hypertensive patients, patients with resistant hypertension on the basis of a "white coat" phenomenon manifest less severe target organ ...

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The scenarios considered include not only cases in which arterial hypertension is truly resistant but also instances of pseudo-resistant hypertension, including cases in which resistance is related to comorbidities, concomitant treatments, or the use of drugs.

[Resistant Hypertension | Massimo Salvetti | Springer](#)

Observational studies using the 2008 criteria have shown that patients with RH are at higher risk for poor outcomes compared with patients without RH. 23,27-30 In a retrospective study of >200 000 patients with incident hypertension, those with RH were 47% more likely to suffer the combined outcomes of death, myocardial infarction, heart failure, stroke, or CKD over the median 3.8 years of follow-up. 23 Differences in CVD events in this study were driven largely by a higher risk for the ...

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Case #1. You are seeing a 66-year-old woman with hypertension that has been hard to control. The patient has non-proteinuric CKD-3 (GFR, 40 cc/min by MDRD calculation) and is on a 3 drug-regimen for blood pressure control: amlodipine 10 mg/day; valsartan 320 mg/day; hydrochlorthiazide 12.5 mg/day. Comparing home monitoring blood pressure readings with office values demonstrates that she is consistently above her target blood pressure.

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ambulatory blood pressure monitoring practical case studies in hypertension this clinical case describes a patient with true resistant hypertension a condition in which cardiovascular risk is high treatment of true resistant hypertension is a difficult task for the request pdf practical case studies in hypertension management this guide is structured to assist physicians in the management of those hypertensive

patients who present with specific resistant hypertension practical case studies ...

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The use of 4 medications to control BP defines the patient as having resistant hypertension, and the prevalence of this condition is not known. Patients that present with resistant HTN usually have a long-standing history of poorly controlled HTN and often have cardiovascular risk factors such as DM, chronic kidney disease (CKD), left ventricular hypertrophy (LVH) and/or obstructive sleep apnea.

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Background: Obstructive sleep apnea syndrome (OSAS) has been linked to resistant hypertension, but the magnitude of this association and its independence of confounding have not been established. Methods: Case patients were 63 patients with resistant hypertension (BP  $\geq$  140/90 mm Hg using at least three BP-lowering drugs, including a diuretic), and control subjects were 63 patients with controlled BP receiving drug treatment.

Obstructive Sleep Apnea and Resistant Hypertension: A Case ...

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